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A CASE STUDY ON AN ARJUNA AWARDEE

DEEPIKA KUMARI

Bhargav H Dave, Dr. Girishkumar J Thakkar*

Abstract:

This research report is about “A Case Study on an Arjuna Awardee Deepika Kumari” here I have tried to find unknown facts regarding Deepika Kumari, with the help of questionnaire named as Deepika Kumari as a Social Person, as a Player and as a Promoter of Sports and with interview of Deepika’s parents, family members, friends, colleagues, coaches and other her nearby people. Mostly the real stories are very much opposite and different than what it seem, the same I found in this study. the research purpose only I have collected data with the help of interview and questionnaire, which was done with the all nearby and knowing person of Deepika Kumari. To find out the reliability of the data research scholar asked cross questions with respondents and the questions which were also given in questionnaire. So we can say that the information collected and findings through this data analysis true .

Introduction:

Healthy mind can be found only in a healthy body. In a weak body there cannot be a healthy and active mind. And for a healthy body physical exercise is a must without physical exercise, our body will grow weak, undeveloped and dull. Need of proper physical exercise in the form of games and sports can control and dismiss many physical and mental problems. Only intellectual ability is not enough. Good health and sound body are also required to face the challenges of life. Even not in present but games and sports have been part of human life since time of immemorial. Be it a necessity for his survival ie. hunting for food and safety from wild animals or other enemies or as a pursuit of pleasure strong body is required. The games and sports have been indispensable to mankind and have become part of his culture. Now a day’s games and sports have become an integral part of education, which normally known as physical education. We all know the necessity of physical activity. Physical education and sports have a very prominent role in modern society to be physically active. It is important for an individual, a group and a nation – Indeed the world is involve in physical activities, to keep healthy. Now let us discuss about history of physical education, physical education on pre- independence, post-independence, modern facts, and necessity of physical education at present and in future.

Organized physical education become a reality with the opening of a teacher training college in 1920 by the name of YMCA college of physical education, Madras under the leadership of Mr. H.C. Buck, an American Christian Missionary. This was the first significant landmark in the history of physical education in India. From thence onward, there was no looking back. Physical education comes to be recognized as an academic activity and teacher education program.

*Bhargav H Dave, Ph.D. Scholar, Dept.of.Physical Education

Dr. Girishkumar J Thakkar, I/c Hod &Assistant professor, H.N.G.UnipatanDept.of.Physical Education H.N.G.Unipatan

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Several important developments in the field of sports and physical education in India owe much to this pioneer institution. In 1931, Government college of physical education Hyderabad and in 1932, Christian college of physical education, Lucknow were established. In 1938, the training college of physical education, Kandivali (Bombay) came into existence. In 1914, Vaidya Brothers founded Shree Hanuman Vyayam Prasarak Mandal, Amravati, primarily to boost traditional physical culture. It was in 1945, at the time of all India Physical Education Conference, the national association of physical education and recreation of India was formed.

Objective of The Study:

The main objective of the study was to highlight the achievements and contributions of Deepika Kumari, in the field of the archery. And researcher also tried to check out traits OF Deepika Kumari as a social person, as a player and as a promoter of sports.
Selection of Subjects:

Primary source: Deepika Kumari was selected as a primary source for this study. **Secondary source:** Deepika's mother Smt. Geeta Devi, father Shree Shivnarayan Mahato, Sister Vidya Kumari, Brother Deepak Mahato and close relatives and friends were selected as secondary sources. Here total 73 (Seventy Three) subjects were selected by using simple random method, 25-25 subjects for criterion of "As a sports person and as a promoter of sports" and 23 for the criterion "as a social person" were selected randomly. The researcher selected seven eminent personalities of Jharkhand from sports and politics field. The scholar took appointment and met face to face for the aspects.

MEASUREMENT OF CRITERION

Measurement criterion was mostly dependent on the responses of selected subjects by questionnaire and behavior during interview.

METHODS FOR ANALYZING DATA

All the data which were received from respondents were analyzed in three different sections.

Section one:- This section deals with the biography of Deepika Kumari, her educational background, professional preparation and career, views about status of sports especially of archery in Jharkhand and India.

Section Two:- Views of different eminent persons were mentioned in this section, as their thinking and views about Deepika. In this section scholar had tried to put all views and feeling according to the respondent's words.

Section Three:- In this section the scholar mentioned output of questionnaire, which only covered mainly three dimensions of Deepika Kumari which are

RESULTS OF THE STUDY

She believes on sportsman spirit.

For the statement "She believes on Sportsman Spirit" data collected from respondents are shown in table no.1.

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Table 1

	Agree	Fully Agree	Disagree	Fully Disagree	Total
Number of Respondents	13	12	00	00	25
Percentage of Respondents	52	48	00	00	100

Table -1 Indicates that out of total 25 respondents, 13 are agreed, 12 are fully agreed and no one are disagreed and fully disagreed. In the continuation of this data 52% are agreed 48% are fully agreed. So it shows that Deepika believes in Sportsman Spirit. The data pertaining to these percentages are showing in Figure No.1

She follows each order of her coach.

For the statement “She follows each order of her coach” data collected from respondents are shown in table no.2.

Table 2

	Agree	Fully Agree	Disagree	Fully Disagree	Total
Number of Respondents	12	13	00	00	25
Percentage of Respondents	48	52	00	00	100

Table-2, Indicates that out of total 25 respondents, 12 are agreed, 13 are fully agreed and no one are disagreed and fully disagreed. In the continuation of this data 48% are agreed 52% are fully agreed. So it shows that Deepika always follows orders of her coach and she is an obedient player. The data pertaining to these percentages are showing in Figure No. 2.

She respect sports Ground as a temple.

For the statement “She respect sports ground as a temple” data collected from respondents are shown in table no.3.

Table 3

	Agree	Fully Agree	Disagree	Fully Disagree	Total
Number of Respondents	12	13	00	00	25
Percentage of Respondents	48	52	00	00	100

Table -3, Indicates that out of total 25 respondents, 12 are agreed, 13 are fully agreed and no one are disagreed and fully disagreed. In the continuation of this data 48% are agreed 52% are fully agreed. So it shows that Deepika gives very much respect to the sports ground. The data pertaining to these percentages are showing in Figure No. 3.

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FINDINGS

Deepika Kumari had a frank and helpful nature, behaved in a sober manner, respected established traditions, became an ideal role model, firm on her principles, followed rules and worked harder.

Deepika Kumari was a dedicated person, sincere and honest to her assignment, believed in hard work to achieve goal, and encouraged other players to do hard work for success.

Deepika Kumari was Punctual for her daily practice, followed all instructions of coach, she believed in equality, she had no pride on her success, she was able to take decision wisely and thoughtfully and taken her own decision, she had less trust on other.

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