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INTERDISCIPLINARY STUDIES IN MANAGEMENT AND PROBLEM SOLVING, DECISION MAKING

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Introduction

Interdisciplinary teaching is a method of instruction that incorporates material from more than one discipline. It involves the integration or synthesis of information from multiple disciplines to provide insight, answers, or ideas that cannot be obtained by focusing solely on other topics. Interdisciplinary learning can and does occur at all levels of education, from elementary school through graduate school. Many of the subjects involved in interdisciplinary learning may be integrated through a common theme, solving, problem, topic, or process. The key is that a high level of learning is due to the synthesis of knowledge from more than one subject. Interdisciplinary learning can be achieved through drawing from multiple subjects by a single teacher or coordinating more than one teacher in a process known as team teaching. Interdisciplinary teaching should be distinguished from multidisciplinary, interdisciplinary and cross-disciplinary teaching. Where interdisciplinary teaching hopes to generate ideas and ideas that are broader than a single discipline alone, multidisciplinary teaching only hopes to bring more than one perspective to an issue, problem or idea. In this way, multidisciplinary learning is additive while interdisciplinary learning is integrated.

What's the problem

A problem is a matter or question that needs to be resolved or clarified, what is and should be a contradiction or conflict, a difficulty or inconvenience to achieve an end or resentment, an annoyance or concern.

The concept of the problem in the sense of the question to be solved is applicable to a wide variety of disciplines, such as mathematics, philosophy, ecology, economics, politics, sociology and methodology, among others.

Every day we face some problem. It may be small or large in nature. Many problems are solved in a pinch. So before solving some problems, we have to think that what to do in such a situation

Steps of problem solving method:

- problem selection. selecting the problem or telling the problem to the students because of the problem.
- find out the root cause of the problem Collecting information related to the problem.
- Keeping track of complaints related to the problem
- find a solution to a problem find a solution to a problem
- practical application of the solution

Problem solving steps we can all implement identify the problem

It may sound minor, but the fact is that identifying the real problem is not as easy as it sounds, especially when it comes to a situation that involves us emotionally. In fact, when the problem generates fear or we feel that we do not have the psychological tools to solve it,

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we put into practice something. Postament to the defense mechanisms that allow us to erase the problematic situation from our conscious mind. Instead, being able to identify the problem is the first step to finding a solution. Sometimes this means that we stop looking for culprits from the outside and look inside and ask ourselves why a situation is bothering or hindering us.

Understand the problem

Sometimes a problem brings with it the seed of a solution. So one step to solving a problem is to make sure you understand it. It is not enough to identify the problem, it must be defined. For this we need to analyze it from different points of view. For example, if we are trying to execute a professional project that is not going ahead, we need to explain the reasons. Do we need more training? Are we in a highly competitive field? Do we have enough resources? We need to understand the source of the problem. Organizing the available information is another important step in the troubleshooting process. We have to ask ourselves what we know about the problem and everything we don't know. Ultimately, the accuracy of the solution will largely depend on the amount of information available.

take a psychological distance

Most of life's major problems have the potential to generate an emotional tsunami. However, at times emotional attachments surround us and prevent us from thinking clearly. This is why one of the most important but least known steps in problem solving is to move away from what worries us. Assuming some psychological distance, we can move away from the problem environment for a few days or try to stop thinking about what is bothering us for a while. During this the unconscious mind will continue to work and is likely to generate insights that are constructive and completely valid that lead to the solution of the problem. Distance allows us to overcome functional fixations that prevent us from thinking outside the box, initiating a mental restructuring that will allow us to look at the problem from another perspective.

Seek solutions and develop strategies

Each problem is different, so it will require a specific solution. A solution cannot always be reached with insight, so it will be necessary to think of possible alternatives to solve the problem. There's Synaptic, for example, that's a problem-solving method that uses creativity to come up with original solutions. The throat step is to develop a strategy, because solutions that do not result in concrete steps are very difficult to put into practice. Therefore, we must ask ourselves how we will implement our solution. It is important at this stage of problem solving to be honest with ourselves and to put that strategy into practice taking into account our resources and our actual availability. There's no point in devising an extraordinary strategy if we can't implement it later

Evaluation of progress

Very few problems get solved overnight. These are usually complex situations that we must patiently "dissolve" over time. Therefore, the other steps in problem solving are to monitor the results we get. This way we make sure we are on the right track and we are not wasting time and energy unnecessarily. It is important to be able to adapt to our expectations in this final stage of problem solving. It's hard for a professional project to move forward in the blink of an eye, so we need to focus on the small steps that indicate the solution is paying

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off. To do this, it is important to stop and reflect on the impact of the solution from time to time.

Set priority set priority

Sometimes it becomes difficult to set priorities while writing a post, which issue should be written first? In such a situation, first priority is given in writing those experiences which are fresh, because the topic of the concept can be written at any time. But the ideas derived from the accumulated capital of everyday experiences give the formula to remain comfortable in the days to come. For example how to change font today? When faced with this question, many small things came to know like there is a software of official language where we can change font from unicode to krutidev and krutidev to unicode. Many times we get phone calls and messages from friends about what to do in such a situation.

value the solution

In the process of solving this problem, it was found that this font changer works offline once it is opened. If we want to convert or edit the document of any one font in any other font, then by opening both the font change links together. You can do your work easily. By changing the font in which we type, the content given in that font can be edited very easily and the edited content can be changed again to the desired font. It was just a matter of changing the font.

take care of happiness

But sometimes the mind gets tired due to the hustle and bustle of the day. Music can be used to change the mood in such an environment. On such occasions those songs are useful which are resonating in our mind. Or whose tune is new. This novelty helps us to steal moments of relaxation for ourselves from our busy routines. Then what is the delay, you should also adopt such methods in your life so that problems can be converted into solutions. To make life's journey easier. Let Khushi be given a chance to peek through the window of the mind. See you again in another post with such useful things

Summery

Students have to face many problems or difficulties during the teaching period. Which he has to solve himself. Problem solving means solving problems to achieve the goal, it is also called problem solving

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